

True, false or other alternatives.

Is providing a very limited number of decision choices for others when there are others worth considering.

E.g. for lunch the only food worth eating are rolls or pies.

- Describe a time when you have thought this way.



- Why do you believe that thinking this way may have caused you to arrive at decisions which really were not logical?



- What is one thing you could start doing to avoid thinking this way?

