



Professional Practice Support

STUDENT PERSONAL SELF REFLECTION

At the end of each semester, a valuable exercise is to reflect on how you performed in each of your subjects.

This reflection should include

- how well you learned with other students?
- how well you listened and learned with your teacher?
- is what you are doing helping you get what you want?

Rate yourself currently and set a target to achieve by the end of the year.

As a student I have	
found my teacher easy to understand	<input type="text" value="Choose"/>
learnt well with my class mates	<input type="text" value="Choose"/>
found the learning interesting	<input type="text" value="Choose"/>
found the learning easy to understand	<input type="text" value="Choose"/>
really tried hard to improve my understanding	<input type="text" value="Choose"/>
stopped other students from learning well	<input type="text" value="Choose"/>
stopped teachers from teaching well	<input type="text" value="Choose"/>
found that my teacher understands how I learn	<input type="text" value="Choose"/>
found other students stopped me learning well	<input type="text" value="Choose"/>
enjoyed being in class	<input type="text" value="Choose"/>
felt stressed in class	<input type="text" value="Choose"/>
completed all assignments and homework	<input type="text" value="Choose"/>
asked questions every time I didn't understand something	<input type="text" value="Choose"/>
found that my teachers are there to help me	<input type="text" value="Choose"/>
been prepared for class with pens, books etc	<input type="text" value="Choose"/>
felt happy at school	<input type="text" value="Choose"/>
got what I wanted from the subject	<input type="text" value="Choose"/>
know and understand more since the beginning of the semester	<input type="text" value="Choose"/>
a reason to make my best better every day	<input type="text" value="Choose"/>
You have some choices to make	
no one else can change what you do; only you	<input type="text" value="Choose"/>
is what you are doing in class going to get you what you want; a good life?	<input type="text" value="Choose"/>
are you self managed?	<input type="text" value="Choose"/>

How am I going to make the changes I need to make?