

Spent the money.

Is when someone has spent money to do something, but more important things crop up and they feel lousy for not doing it.

E.g. Oscar bought tickets to a concert, but his Mum is sick and he feels he shouldn't go.

- Describe a time when you have thought this way.

- Why do you believe that thinking this way may have caused you to arrive at decisions which really were not logical?

- What is one thing you could start doing to avoid thinking this way?

