

THINKING TRAP



Should happen.

Is when someone focuses on something they believe should happen rather than what is actually happening.

E.g. Bill should be in the team even though he is playing poorly.

- Describe a time when you have thought this way.

- Why do you believe that thinking this way may have caused you to arrive at decisions which really were not logical?

- What is one thing you could start doing to avoid thinking this way?

