

SEVEN STRENGTHS THINKING

When looking at an idea, very often you think in the same one-dimensional way about it.

Just as Habits of Mind introduces you to different ways to think when confronted with varying situations, Seven Strengths Thinking provides the lens of character strengths, to enable a positively balanced approach.

Either individually or in small groups, reflect on the idea from the Seven Strengths Thinking perspectives.

Collect the thoughts of everyone in the class to build an overall viewpoint of the idea from the strengths perspectives.

Strength – **Judgment**

- Look at the facts and data
- Any gaps in the information?
- What else do you need to know?

Strength – **Curiosity**

- Look at the proper way to explore it
- Are you doing the right thing?
- Are you doing the thing right?

Strength – **Creativity**

- Look to be creative and have new ideas
- Does it relate to what you already know?
- How can you use the idea?

Strength – **Social Intelligence**

- Look at the emotions involved
- How do you feel about it?
- How do you think others will feel?

Strength – **Perspective**

- Look at why it may fail
- What are the weaknesses in the idea?
- What can go wrong?

Strength – **Zest**

- Look at why it may succeed
- What are the strengths of the idea?
- What are the benefits?

Strength – **Fairness**

- Look at who will be affected?
- Is it fair and ethical for all involved?
- What is the fairest thing to do?

YOUR THOUGHTS

CLASS THOUGHTS