

## Restorative Circles Coaching Record

Circle Keeper: \_\_\_\_\_

Overall Self-Rating: ☐ Aspiring ☐ Apprentice ☐ Journey ☐ Master ☐ Wizard

### *Restorative Theory*

Topic	Competency	Self-Rating (1=aspiring, 7=Wizard)
<b>Social Discipline Window</b>	Know and be able to describe in terms of control and support the four quadrants of the social discipline window. Identify which quadrant is restorative, which are not, and Describe why.	1—2—3—4—5—6--7
<b>Restorative vs. Retributive</b>	Be able to compare and contrast the restorative focus on harms and obligations to the retributive focus on guilt and punishment.	1—2—3—4—5—6--7
<b>Affect Theory</b>	Name the positive, neutral, and negative affects from “Tompkins’ Theory of Affect”. Describe the general way in which Shame affect is activated. Discuss the significance of the “Startle Affect”.	1—2—3—4—5—6--7
<b>Compass of Shame</b>	Be able to identify the four points on the compass of shame. Describe specific behaviours typical of each point of the compass.	1—2—3—4—5—6—7
<b>Theory of Trouble</b>	Be able to describe the relationship of trouble to social and emotional learning. Distinguish between productive and non-productive trouble. Discuss the roles of authority figures in shaping the outcome of trouble.	1—2—3—4—5—6—7
<b>Fair Process</b>	Can explain the Fair Process framework in terms of Engagement, Explanation and Clear Expectations. Can explain how Fair Process supports effective exercise of authority. Can Describe the relationship of Fair Process to concepts such as Consensus, harmony, compromise, and democracy.	1—2—3—4—5—6—7

From your self-ratings above, circle one row. What do you need to learn, and how do you need to learn it, to move your rating up by one or two numbers?

Restorative Resources