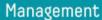
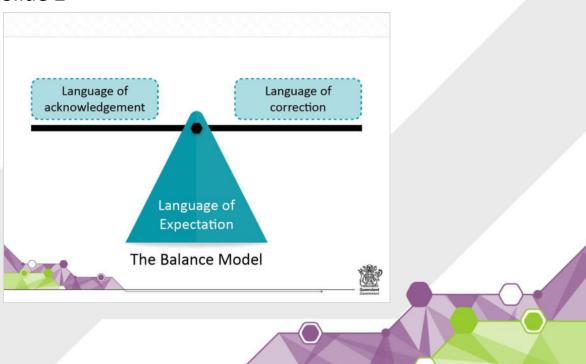




- This is a 40 minute presentation, designed to be delivered in a face-to-face environment with a group of teachers working in the same school.
- Ideally it should only be facilitated by staff who have been identified as specialists in behaviour support.
- It follows the DET ESCM Part Three PowerPoint material in terms of sequencing.

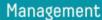






- Quick revision from the previous session in which we covered Body Language Encouraging and Descriptive Encouraging.
- Taken from Richmond, C 2002, 'The Balance Model: Minimalism in behaviour management', B Rogers (ed.) *Teacher Leadership and Behaviour Management*, Paul Chapman Publishing, London.







Management-focused language



Expectation

What teachers say and do to articulate the boundaries of acceptable behaviour in the classroom.

Acknowledgement

What teachers say and do to support students to engage with the curriculum and cooperate productively with others.

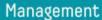
Correction

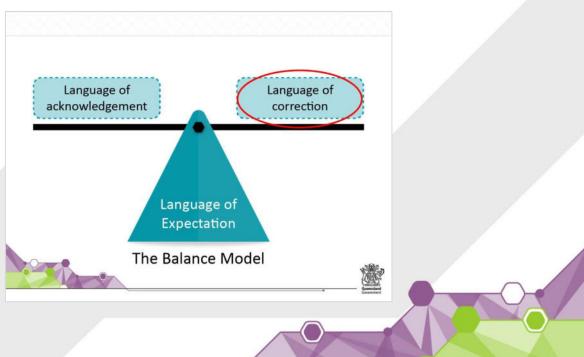
What teachers say and do to interrupt and redirect students who are off-task.



- Today's session will cover the Correction element of The Balance Model.
- Taken from Richmond, C 2002, 'The Balance Model: Minimalism in behaviour management', B Rogers (ed.) *Teacher Leadership and Behaviour Management*, Paul Chapman Publishing, London.







- The Language of Correction in The Balance Model is the one we often tend to do too much of or rely on too heavily to influence change in our classrooms.
- Taken from Richmond, C 2002, 'The Balance Model: Minimalism in behaviour management', B Rogers (ed.) *Teacher Leadership and Behaviour Management*, Paul Chapman Publishing, London.









• We have now completed Expectation and Acknowledgement elements of The Balance Model.









These are the four skills we are covering in our final session today.









- Why is selective attending an effective management skill?
 - It avoids unintentionally reinforcing off-task or disruptive behaviour, decreasing the likelihood that this behaviour will be repeated.
 - It gives you time to think about how to handle the student's behaviour in a productive way.
 - o It gives you time to attend to other students who are on-task.
 - o It sends a message to all students about your expectations.
 - It is a powerful modelling device implying: "I can stay focused on my work despite the disruption."
 - It is a deliberate process used within a discrete timeframe, having a beginning and an end.







How to use selective attending



- Do it when the student is displaying off-task or inappropriate behaviour that is not seriously disrupting others.
- Keep this student in your peripheral vision. Avoid turning your back at this point as you may miss an opportunity to use a descriptive encourager if the student chooses to come on-task.

Notes:

Hints:

There is a difference between 'ignoring' and 'selective attending'.

- Ignoring inappropriate behaviour may imply that the teacher is deliberately demonstrating no outward awareness of it and is not monitoring the behaviour. This may indicate that the behaviour is, in some way, being tacitly condoned.
- 'Selective attending' requires the teacher to consider the inappropriate behaviour being demonstrated and act immediately if safety is compromised.
- Selective attending may involve subtle signalling to the students who are displaying
 appropriate behaviour that the inappropriate behaviour of others has been noticed and that
 the teacher is deliberately choosing to pay minimal attention to it. This has a powerful
 modelling effect.





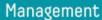




- 3. Attend to the student when:
 - the student displays on-task or appropriate behaviour. Use a body language encourager or less obvious descriptive encourager to reinforce the appropriate behaviour.
 - the student begins to seriously disturb others
 - the student's off-task or inappropriate behaviour is maintained over an extended period of time (determined by the teacher).













- In case b (serious disturbance) or c (extended period of behaviour), give a clear redirect to the learning or offer of assistance (see Skill 8), followed by take-up time. (Take-up time allows students to respond to a direction before a redirection is given).
- If the disruptive behaviour continues, give the student a clear choice (see Skill 9) including the likely consequences if their inappropriate behaviour continues.





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- If a clear choice has been given previously, follow through (see Skill 10). Remember, the goal of a clear choice is to modify the inappropriate behaviour, not to punish the student or damage the positive teacher—student relationship (learning relationship).
- When giving choices, use a least-to-most intrusive approach without emotional engagement. For example, start with an offer of teacher assistance rather than a more severe consequence e.g. a lunchtime detention.







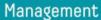


How to use selective attending



4. Use the 'Vaseline eye' to encourage the resumption of ontask behaviour. That is, if you have tried to cue an off-task student with 'a directive look and pause', slide your eyes away from the student once they have resumed on-task behaviour, or if you think they are about to resume ontask behaviour.







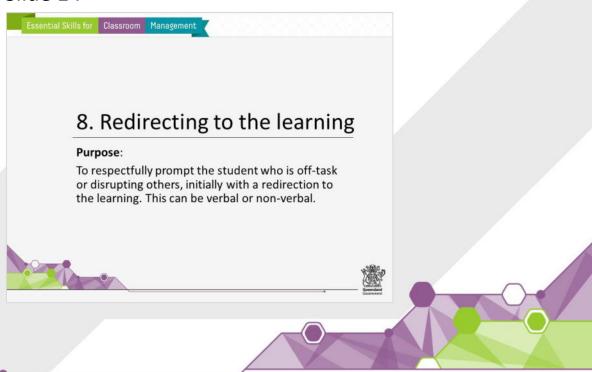


- If you realise you are maintaining eye contact with an offtask student for too long and possibly inadvertently encouraging the continuation of off-task behaviour, use the 'Vaseline eye' to prompt them to resume on-task behaviour.
- You can also use the 'Vaseline eye' as a prompt to begin ontask behaviour once you have given an instruction or redirect. Combine the 'Vaseline eye' with a slow 'walk away'.







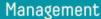


Notes:

Why is redirecting to the learning an effective student management skill?

- Initially, it provides a least-intrusive, positive, learning-focused prompt to resume on-task activity, reducing the need for further correction.
- It puts the responsibility onto the student.
- It reinforces the importance of on-task behaviour.
- When linked with giving a choice, it reinforces to the student or group, your expectations and the likely consequences of the choices given.







How to redirect to learning - When a student is off-task, the period of off-task behaviour is extending, or they may become disruptive, ask a question about the set task or ask a question related to an offer of teacher assistance. - For example, if a student is off-task, talking to a neighbouring classmate, the teacher could say: - 'Shane, what question are you up to?' - 'Shane, are you working on the writing task now?' - 'Shane do you need some help?' (Offer of teacher assistance)

Notes:

Hints:

- Avoid making a redirection to the learning sound like a threat or punishment.
- Remember the impact of body language, tone of voice, proximity and facial expression when giving a redirection to the learning or choice.
- It is important to be calm, clear, firm and positive in tone.
- Keep language to a minimum.



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How to redirect to learning



- 2. Non-verbal redirection to the learning
 - When a student is off-task, the period of off-task behaviour is extending or their behaviour may become disruptive, redirect the student to learning and/or offer teacher assistance, using body language encouraging e.g. proximity, gesture, and facial expression.
- 3. If the student resumes on-task behaviour, use a form of low-level acknowledgment
 - If the student accepts the offer of teacher assistance, assist them. When they resume on-task behaviour, use a form of low-level acknowledgment.









How to redirect to learning



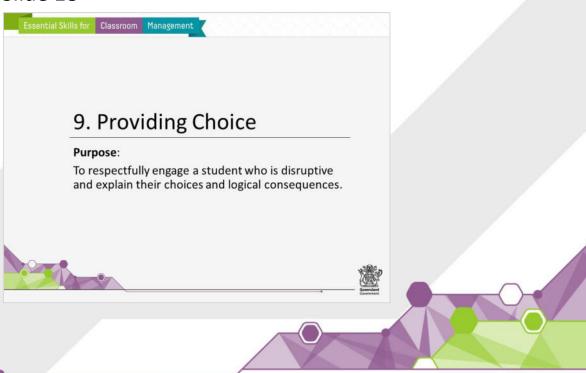
- 4. If the student maintains off-task behaviour:
 - redirect to the learning again (allow for take-up time; this can vary with developmental levels)
 - redirect, giving a specific instruction about the appropriate behaviour you would like the student to demonstrate (allow for take-up time)
 - offer teacher assistance
 - give a choice if necessary.











Why is giving a choice an effective management skill?

- It provides the student, or group, with information about your expectations and the logical consequences of the choice.
- It puts the responsibility onto the student.







Providing choice



- Choices may have positive options or be positive in their intent, for example:
 - Offering to stay after school to assist a student to comprehend or complete class work.
 - Offering the student the option of having a peer tutor during class.



Hints:

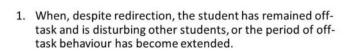
- The most important factor in this skill is thinking carefully about the choice to be given. Pause to allow yourself thinking time.
- Do not give a choice you cannot or will not follow through.
- Avoid making this (giving a choice) sound like a threat or punishment—an easy mistake to make.
- To avoid escalating situations, allow students' time to think (take-up time) when responding to your direction.







When to provide choice

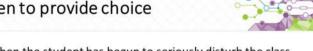








When to provide choice



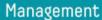
- 2. When the student has begun to seriously disturb the class after a redirection from you. E.g.:
 - the student may be engaging in intense secondary behaviour (subsequent behaviours after the initial redirection that are more severe, such as sulking, accompanied by large-scale distracters such as paper tearing, spitting, chair rocking or loud interrupting).













When to provide choice



- Secondary behaviour describes behaviour that has the objective to change the original focus of your concern.
 Often minor secondary behaviours are selectively attended to, allowing for focus on the primary behaviour. More severe secondary behaviours require an obvious teacher response.
- Secondary behaviour frequently elicits arguing or convincing talk from the teacher. This has no productive end and wastes precious time.









When to provide choice



- 3. When the student is overly hostile to you and is challenging your management.
- 4. When you can't think of any less intrusive options.
- 5. When it is clear to you that the student's inappropriate behaviour is escalating.









- · Say: 'Chris, your choices are ...'
 - You may also experiment by adding, 'Which would you prefer?' Then pause:
- 'Chris, your choices are ... Which would you prefer?'
 - Allow Chris to resume on-task behaviour without more teacher talk.









When to provide choice



- Wait a short while. Allow for a short delay (thinking time) in the student's response to your direction. If they are on-task and you believe it is appropriate, in close proximity to the student, use a low-level verbal or non-verbal encourager.
- Acknowledge the student discreetly by not using loud or attention gaining verbal or non-verbal encouragers, at this point.









Examples of how to present a choice



- 'Year 8, you can choose to start now or later. The first two
 questions have to be finished before lunch today or you will
 need to stay back to complete them. If anyone needs help,
 please let me know.'
- 'Steven, the choices are: move over here near the window and you will be able to join us, or stay there on your own. Make your choice now.'



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Examples of how to present a choice



- 'Kate, if you can't complete the two problems on your own in the next 10 minutes, I will ask you to choose someone in the class to give you some help.'
- 'Jason, continue with your work or you will have to see me at the end of the lesson.'
- If the student asks what will happen at the end of the lesson, the teacher says:
 - 'We will need to have a talk at the end of the lesson and then take it from there. It depends on what you do between now and the end of the lesson.'







Examples of how to present a choice



 Redirect the student to the learning and do not engage in further discussion about the choice given. If necessary, use body language to cue that the discussion is over by slightly turning your back toward the student and walking away slowly.



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Examples of how to present a choice



- The last choice ('... or you will have to see me at the end of the lesson.') is particularly useful as it allows students to redeem themselves during the remainder of the lesson.
- It allows students to redeem themselves during the remainder of the lesson.
- Students will not perceive the certainty of a consequence other than a quick talk at the end of the lesson, and will often choose to behave more appropriately, rather than maintain inappropriate behaviour because they know they are going to be 'punished' anyway.
- This choice also allows the teacher time to calm down and think about what they may say to the student at the end of the lesson.





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Examples of how to present a choice



- This choice allows the teacher to respond to the inappropriate behaviour without escalating the situation immediately or needing to commit to a specific consequence beyond the end of the lesson.
- · This choice is a least intrusive option.
- Remember: Do not escalate the situation too quickly by confronting the student or threating them with sanctions.

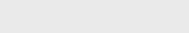








- Use a firm, calm and measured tone. Depending on the student you may need to use proximity purposefully; for some you will need to give the choice in close proximity; for others it will be more effective to be further away.
- 7. Pause briefly after giving the choice. Walk away after the pause and look back intermittently (scan back).
- 8. Link this strategy to the most logical alternate management skill.











For example:

- Descriptive encouragement if they return to the task.
- Selective attending if a student de-escalates the disruptive behaviour so that it is no longer disrupting others.
- Follow through (see Skill 10) if the behaviour escalates, or continues to seriously disrupt others, or if the student remains off-task for an extended period of time.











 When the situation has de-escalated, deliberately act to restore the 'working relationship' between the student and teacher and minimise any harm done.





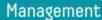




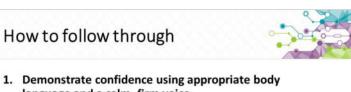
Why is following through an effective management skill?

- It clearly establishes that you mean what you say.
- It models assertive behaviour in the face of threat.
- It models morally courageous behaviour.









language and a calm, firm voice.

Be conscious of the difference between a calm, firm, assertive tone and an angry or 'annoyed' tone. A voice does not have to be loud to imply firmness.

Do what you planned and said you would do.
 Make it happen now. Consult with colleagues and/or administrators to plan an appropriate course of action for following through, if necessary.



Hints:

- Following through is necessary when all other skills have not been effective.
- Behave as if you are confident even though you may be feeling nervous or uncertain.
- It is the certainty of the consequence rather than the severity of the consequence that is important.



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How to follow through



- 3. Avoid letting your embarrassment about what others may think erode your confidence.
- 4. Consider removing the class from the problem situation if safety is a particular concern.
- 5. In a crisis event send for help immediately and put the Crisis Plan into action.
- 6. If you feel powerless to do anything, make an anecdotal note of what is happening in objective, descriptive language. Remember to sign and date it, for example:









How to follow through



Friday 20 July, 2015 (2.30pm)

David is throwing paper around the classroom, intermittently screaming obscenities and refusing to join the class despite direction from the teacher. I gave the direction, "Sit down now, thanks", then a choice to join the group or sit to the side. I called administration for assistance at 2:15 pm with a 'red card'. Other students appeared agitated. Used calming and distracting procedures with the class by reading a story.





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How to follow through



- 7. Reassure the class and work on your self-control.
- 8. Following through may look and feel disturbing at times.
 - Do it anyway as it establishes and reinforces the boundaries.
 - All students will know you mean what you say.
 - They may feel safer and build their trust in you as their teacher as a result of your commitment to follow through.







How to follow through

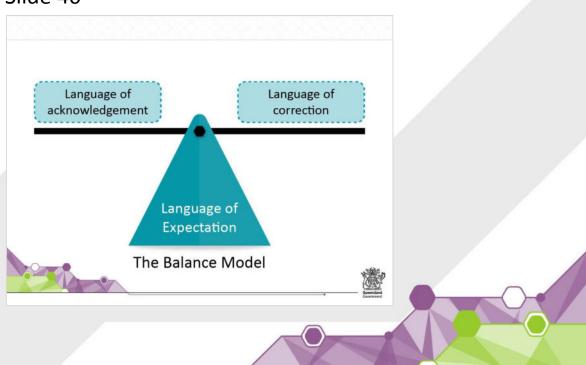


- 9. Reflect on the event later with a colleague if possible and:
- Debrief if necessary. Seek advice from your supervisor or guidance officer or school counsellor.
 - Critique your action by asking:
 - · What did I do that helped?
 - · What did I do that did not help?
 - · What could I have done differently?
 - Who can I go to for advice?
 - Review your behaviour management plan if necessary consider how effectively you used preventative strategies.







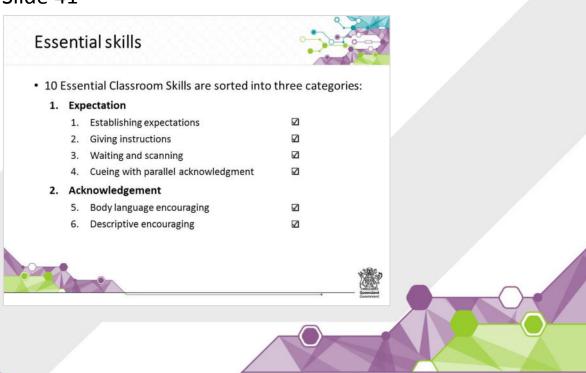


- We've now completed our exploration of the 10 Essential Classroom Skills mapped against The Balance Model.
- Taken from Richmond, C 2002, 'The Balance Model: Minimalism in behaviour management', B Rogers (ed.) *Teacher Leadership and Behaviour Management*, Paul Chapman Publishing, London.





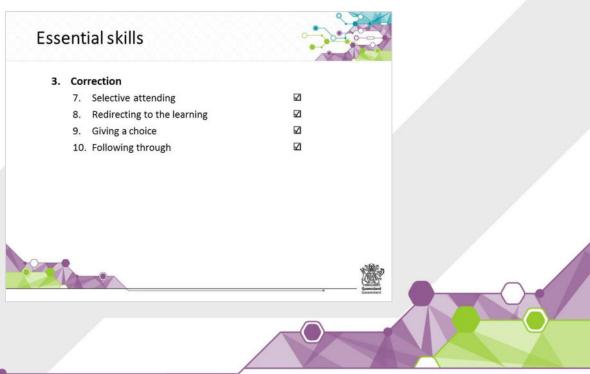




• We have now completed Expectation and Acknowledgement elements of The Balance Model.







Notes:

• For more information or training please consider the online course offered by DET – Preventions and Interventions for Challenging Behaviours in Schools.



Essential Skills for

Classroom



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