



# Professional Practice Support

## LIST OF EMOTIONS

### A

abandoned  
abused  
accepted  
accused  
adamant  
adequate  
adoring  
affectionate  
afraid  
aggravated  
aggressive  
agitated  
agonised  
alarmed  
alert  
amazed  
ambitious  
ambivalent  
amused  
angry  
annoyed  
anxious  
apathetic  
appreciated  
appreciative  
aroused  
ashamed  
assertive  
astonished  
astounded  
attractive  
awkward

### B

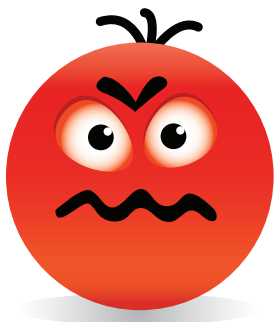
bad  
beaten  
beautiful  
betrayed  
bewildered  
bitter  
blissful  
bold  
bored  
brave  
breathless  
bubbly  
burned out

### C

callous  
calm  
carefree  
careful  
cautious  
cheerful  
clever  
comfortable  
compassionate  
concerned  
confident  
confused  
cornered  
content  
cowardly  
creative  
cranky  
cruel  
curious  
cynical

### D

daring  
daunted  
deceitful  
defeated  
dejected  
delighted  
delirious  
dependent  
depressed  
despair  
desperate  
destructive  
determined  
devastated  
different  
dirty  
disappointed  
disconnected  
discontented  
discouraged  
disgusted  
disheartened  
dismal  
dismayed  
dissatisfied  
distracted  
disturbed  
divided  
down  
dubious  
dull



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#### E

eager  
easy going  
ecstatic  
edgy  
elated  
electrified  
embarrassed  
empathy  
empty  
encouraged  
energetic  
enthralled  
enthusiastic  
envious  
evasive  
exhausted  
exasperated  
exhilarated  
explosive

#### F

false  
fantastic  
fatigued  
fearful  
flabbergasted  
flustered  
foolish  
frantic  
free  
fresh  
fretful  
friendly  
frightened  
frustrated  
full  
fulfilment  
funny

#### G

generous  
gentle  
glad  
glowing  
good  
gorgeous  
grateful  
greedy  
grieving  
guilty  
gullible  
gutted

#### H

happy  
hassled  
hateful  
heartened  
helpful  
helpless  
high  
hollow  
homesick  
honoured  
hopeful  
hopeless  
horrible  
hostile  
humble  
hyper  
hysterical

#### I

idiotic  
ignored  
impatient  
inattentive  
incompetent  
imposed upon  
impressed  
impulsive  
inadequate  
independent  
infatuated  
inferior  
infuriated  
inhibited  
insecure  
insincere  
inspired  
interested  
intimidated  
involved  
irate  
irritated  
isolated

#### J

jaded  
jealous  
jinxed  
joyous  
jubilant  
judgemental  
jumpy

#### K

keen  
kind





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### LIST OF EMOTIONS

#### L

lazy  
left out  
lethargic  
likeable  
lively  
logical  
lonely  
lousy  
lovable  
loved  
loving  
low  
loyal  
lustful

#### M

mad  
manipulated  
manic  
merry  
miserable  
misunderstood  
mixed up  
motivated  
mystified

#### N

nasty  
needy  
negative  
nervous  
nice  
nostalgic  
numb

#### O

oblivious  
obsessed  
odd  
offended  
opposed  
optimistic  
outraged  
overlooked  
overwhelmed  
over the moon  
owed

#### P

pain  
panicked  
paranoid  
passionate  
pathetic  
peaceful  
peevd  
persecuted  
pessimistic  
petrified  
pity  
playful  
pleasant  
pleased  
possessive  
powerful  
powerless  
preoccupied  
pressured  
provoked  
pushy  
put out  
puzzled

#### Q

quarrelsome  
quiet  
queasy

#### R

rational  
ravenous  
reckless  
refreshed  
rejected  
relaxed  
relieved  
remorseful  
repulsive  
reserved  
restless  
restrained  
revengeful  
revolted  
romantic

#### S

sad  
safe  
sapped  
satisfied  
scared  
secure  
self-confident  
selfish  
sensitive  
settled  
shallow  
shame  
shining  
shocked  
shy  
silly  
sluggish  
sorry  
spiritual  
squashed  
strained  
strong  
stumped  
stupid  
stunned  
sulky  
sure  
surprised  
suspicious



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### LIST OF EMOTIONS

#### T

taunted  
teased  
tempted  
tense  
threatened  
thrilled  
tired  
torn  
touched  
trapped

#### U

undervalued  
uneasy  
unprotected  
unhappy  
unsafe  
unsociable  
unwanted  
upset  
uptight  
used  
useless  
vain

#### V

valued  
vicious  
violent  
vivacious  
vulnerable

#### W

wanted  
warped  
weak  
weary  
wicked  
wishy-washy  
wonderful  
worthless  
worthy  
worried  
wronged

#### Z

zany  
zealous

