

THINKING TRAP



In the family.

Is when someone thinks that because one member of the family was good at something, then other members will also be good at it.

E.g. Janine is a good runner, so her brothers run well.

- Describe a time when you have thought this way.

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- Why do you believe that thinking this way may have caused you to arrive at decisions which really were not logical?

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- What is one thing you could start doing to avoid thinking this way?

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