

How restorative am I?

In the wake of an incident with a student:

- did I remain calm and respectful during the dialogue?
- did I *truly* listen? Hear them out without interrupting? Did *they* feel listened to, that it was a fair conversation?
- did we both end up understanding the motivation/intention behind the behaviour?
- did the student understand why he/she is “in trouble”? What rule has been broken? What the purpose of the rule is?
- did I explain what the school values are around the issue?
- did he/she come to understand the damage they have caused – who has been harmed, and how?
- did I talk about how it is for *me*?
- did I take any responsibility for any part I might have had for what went wrong and did I acknowledge that? Did I apologise?
- if there was an apology to me, did I accept it with grace?
- was there a plan made? Have I agreed to help?
- has the relationship with this student been repaired?
- have I, at any stage, asked for someone I trust to observe my RP

**practice and give me
honest feedback?**

- **do I try to handle most
issues/incidents myself
or do I rely on others to
“fix” things for me?**

- **could I have handled
this differently?**