

### Thinking about my own practice

As you read the statements below, indicate how you manage difficult, challenging or inappropriate student behaviour.

	Not often	At times	Usually	Always
Do I remain calm during the dialogue?				
Do I truly listen? Hear the student out without interrupting? Do they feel listened to?				
Do we both end up understanding the motivation / intention behind the behaviour?				
Does the student understand why he/she is "in trouble"? What rule has been broken? What the purpose of the rule is?				
Do I explain what the school values / class values, expectations are around the issue?				
Does he/she come to understand the damage they have caused: who has been harmed, and how?				
Do I talk about how it is for me?				
Do I take responsibility for any part I might have played in what went wrong, and do I acknowledge that? Do I apologise?				
If there was an apology to me, do I accept it with grace?				
Is there a plan made? Have I agreed to help?				
Is the relationship with the student repaired?				
Have I, at any stage, asked for someone I trust to observe my relational practice and give me honest feedback?				
Do I try to handle most issues/incidents myself, or do I rely on others to "fix" things for me?				
Looking back on how I handled the situation, could I have done with some support? Any ideas?				