

Professional Practice Support

HOME LEARNING TIMETABLE - SAMPLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6.00 - 7.00am		There is always something to do. What we learn to do, we learn by doing. Ask your parents to check your understanding of the vocabulary and weekly Maths problem.				SPORT AND LEISURE	FAMILY TIME
7.00 - 8.00am							
8.00 - 9.00am							
9.00 - 10.00am							
10.00 - 11.00am							
11.00 - 12.00pm							
12.00 - 1.00pm							
1.00 - 2.00pm							
2.00 - 3.00pm							
3.00 - 4.00pm							
4.00 - 5.00pm	1	SPORT TRAINING	6	SPORT TRAINING	11		
5.00 - 6.00pm	2		7		12		
6.00 - 7.00pm	DINNER	DINNER	DINNER	DINNER MY TIME	DINNER MY TIME		13
7.00 - 8.00pm		4 5	8	MY TIME 9	MY TIME		14
8.00 - 9.00pm	3 READING	READING		10 READING	NIGHT OFF!	NIGHT OFF!	Plan your timetable for next week.
9.00 - 10.00pm							MOVIE OR EARLY NIGHT

SAMPLE: YEAR 10 - 14 x 45 MINUTE SESSIONS. **YEAR 11** - 16 x 1 HOUR SESSIONS. **YEAR 12** - 21 x 1 HOUR SESSIONS.