



Basic sight words (and high frequency words) reading

Sight words are ones that cannot be easily sounded out and need to be recognised on sight.

High frequency words are ones that occur very often in reading and writing.

Both need to be recognised quickly for reading and writing to become fluent. Knowing 100 of these frequently used words gives a beginning reader about half of the words they need for reading.

Parents can assist children by making flash cards of these words and getting children to read the cards with increasing speed.

There are a number of these lists available from books or via the internet. Below is a useful list of frequently used words and sight words.

a	friend	it	run	upon
after	from	like	said	two
again	gave	little	saw	up
and	get	looked	say	us
at	girl	love	school	use
away	give	made	see	very
because	goes	make	she	was
been	good	me	should	we
before	had	mum	so	went
big	have	my	stayed	were
boy	he	not	that	what
by	her	of	the	when
came	him	off	their	where
come	his	on	them	which
could	how	one	then	who
dad	I	our	there	why
didn't	if	out	they	will
do	in	over	this	with
down	into	people	to	you
for	is	play	too	your