GRATITUDE FOR RELATIONSHIPS WEEK

There are many kind things in your life that other people do to help you grow up in a healthy and happy way. Sometimes you say thank you to them and sometimes you don't. To build other peoples' and your wellbeing use your strengths to show Gratitude.

This week make a Gratitude Wall in your classroom for your class to write down or draw things they are grateful for and what they said to say thank you. Make a Gratitude Wall at home for your family to write down or draw what they are grateful for this week.



This Week's Gratitudes: This week write down or draw kind thin say thank you to them. Also, include when you saw others beir	ngs others did for you that you should be grateful for and then ag grateful.