



# Home Educator Welcome Letter



Brain Talk

## Welcome to Brain Talk!

The foundation for strong metacognitive, executive functioning, and self-regulation skills starts at home, and Brain Talk is a great way to support the development of those skills. While Brain Talk was designed to be easily incorporated into classroom instruction and therapy sessions, it is also well-suited for teaching and learning at home. Don't have experience leading classroom lessons or therapy sessions? That's ok! We have provided some tips below to help you and your child get the most out of the Brain Talk curriculum.

**Tip #1:** Start with the Home Letter for each unit. Written for parents and caregivers, this letter provides a snapshot of the unit, including the target learning concepts, summary of the lesson, and recommended generalization activities. Starting with this letter will give you a sense of the direction for each unit.

**Tip #2:** Explore the lesson plan that corresponds with the developmental age of your child. When using Brain Talk at home, the parent/caregiver is the teacher. We encourage you to use the lesson preparation, neurological background, scripts, activities, and recommendations found in the lesson plans, as the information applies both in and out of the classroom. While some activities may be better suited for the classroom environment, you will find that most can be easily adapted for successful learning at home.

**Tip #3:** Feeling inspired? Check out the Therapy Model lesson plans. Unlike the Early Elementary, Upper Elementary, and Middle/High School lesson plans, the Therapy Model lesson plans assume a bit more background in neurological development in order to delve deeper into each target concept. That being said, you may find the format of these lesson plans more applicable to the home environment, and are welcome to explore them. Therapy Model lesson plans typically utilize the worksheets used in the classroom lesson plans, though they may include additional worksheets, activities, or learning material not found in the other lesson plans.



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Tip #4: Take your time working through the curriculum. Every child has an individualized temperament profile, which allows for unique learning opportunities within each unit of Brain Talk. If you find a particular unit highly applicable to your child's development, feel free to spend time practicing and reviewing the activities within that unit before moving on. Additionally, you may find it helpful to cycle back through past units as you go in order to maintain understanding of learned concepts.

Tip #5: Preview all of the worksheets within a unit to find the ones that best support your child. While some worksheets and activities were created with certain age groups in mind, you may discover that a worksheet or activity from a different lesson plan is better suited for your child. Many worksheets look similar, but include subtle differences (e.g., writing versus drawing, animal example versus personal example, comfortable experience versus uncomfortable experience, etc.).

Carrie and Hanna, the founders of Brain Talk, offer trainings for parents and caregivers to provide a deeper understanding of the curriculum and neurological foundations of metacognition through discussion/lecture, lesson modeling, hands-on practice, and activities to enrich and expand upon the curriculum. Trainings can be individualized to meet the needs of a single family, or to support a group of parents/caregivers utilizing the curriculum. For more information about trainings, or to schedule your training today, contact us at [info@braintalktherapy.com](mailto:info@braintalktherapy.com).

We look forward to having you as part of the Brain Talk family!

Hanna Bogen, M.S., CCC-SLP & Carrie Lindemuth, M.Ed/ET, creators of Brain Talk