THINKING TRAP



Blaming.

Is when someone blames others for what has happened and takes no responsibility for their own actions.

E.g. I failed that test because my teachers didn't help me.

| Describe a time when you have thought this way. |
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| > What is one thing you could start |
| doing to avoid thinking this way? |
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Why do you believe that thinking this way may have caused you to arrive at decisions which really were not logical?

