

| In your own words, how would you describe appreciation of beauty and excellence? | | |
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| How does the dictionary describe appreciation of beauty and excellence? | | |
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| Describe a time or times in your life that you believe you have shown this Character Strength. | | |
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In the boxes below describe a time you have shown this **Character Strength** and think of two things you will start doing in your roles as a student, family and community member. Also, which of your signature strengths will benefit from this **Character Strength?**

| | Describe a time/s I used this Character Strength well | What are two things I will start doing to build this Character Strength |
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| As a student at School | | |
| As a family member at Home | | |
| As a member of the Community | | |