



Meet Buster Video Script



Meet
Buster

Remember Mr. Mouse? One of the things Mr. Mouse makes sure to do is avoid uncomfy things.

And who helps him do that? Myg!

Myg looks for things that might cause Mr. Mouse harm, and acts like the alarm system in his brain. If he notices something scary, Myg sends a fight, flight, or freeze action message to the central nervous system telling Mr. Mouse what to do.

But remember that Mr. Mouse doesn't spend all his time on the lookout for scary things, he also seeks comfy things.

Looking for comfy things is so important to Mr. Mouse that he has a special system in his brain designed just to look for opportunities that will be awesome. This system is known as **the pleasure-and-reward circuit**, located within the basal structures of the brain; We'll call it **Buster**.

Buster is like a crazy puppy who hasn't been trained. When **Buster** sees something that looks like an awesome opportunity it has a **grab-and-gulp reaction**.

We call that a **Buster Bam**. During a **Buster Bam**, the brain can only think about getting as much of the awesome thing as quickly as possible.

If Mr. Mouse sees some cheese, which is awesome, he has a **Buster Bam**.

Buster tells Mr. Mouse's brain to "get it," and sends the **grab-and-gulp** action message through the rest of Mr. Mouse's nervous system, telling his body to do it! In Mr. Mouse's brain, **Buster** can be trained just a bit, but it tends to jump at any opportunities that seem like they will feel awesome.

With Myg and Buster in his brain, Mr. Mouse is prepared to react to anything in his environment. He seeks what's comfy and he avoids what's uncomfy. He is a Doer.