

Instructions:

1. Cut out each page
2. Color the *SEEK* arrow green
3. Color the *AVOID* arrow red
4. Staple the pages together to form a story about Mr. Mouse
5. Tell the story to a friend, teacher, or family member

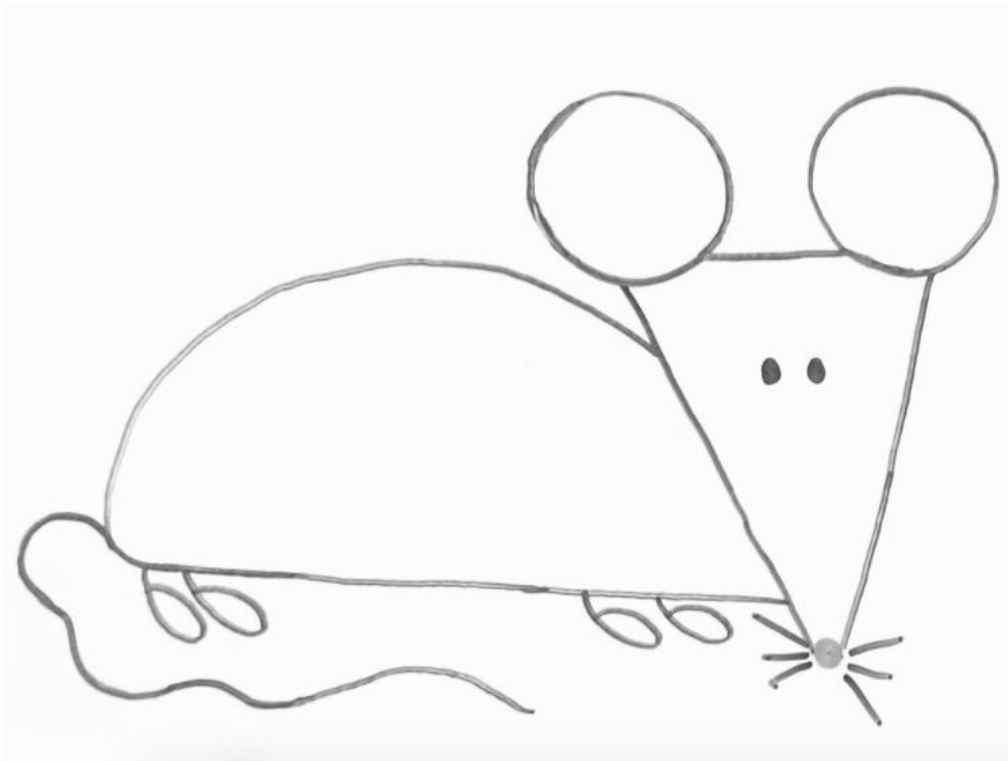
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Meet Mr. Mouse

Brain Talk

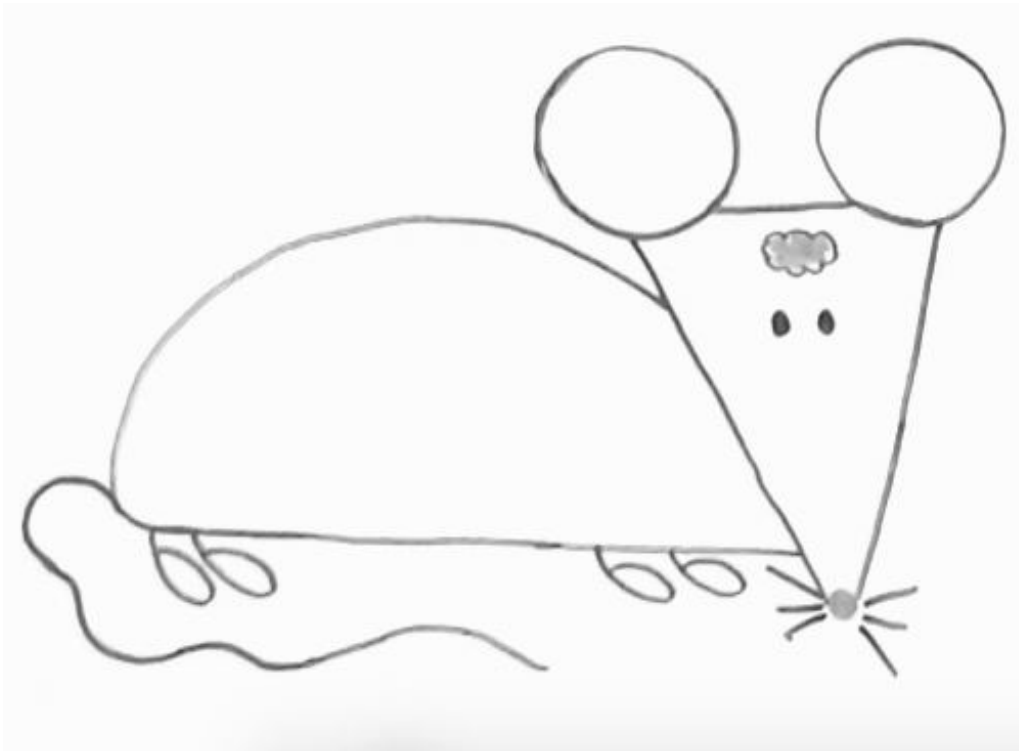
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Meet Mr. Mouse



Mr. Mouse has a simple mouse life filled with simple activities. He doesn't do homework, bake cookies, or play soccer.



Since Mr. Mouse's life is so simple, his brain is simple too. It's mostly a feeling brain with two main jobs: to seek and avoid.

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Mr. Mouse seeks things that help him feel comfortable.

5

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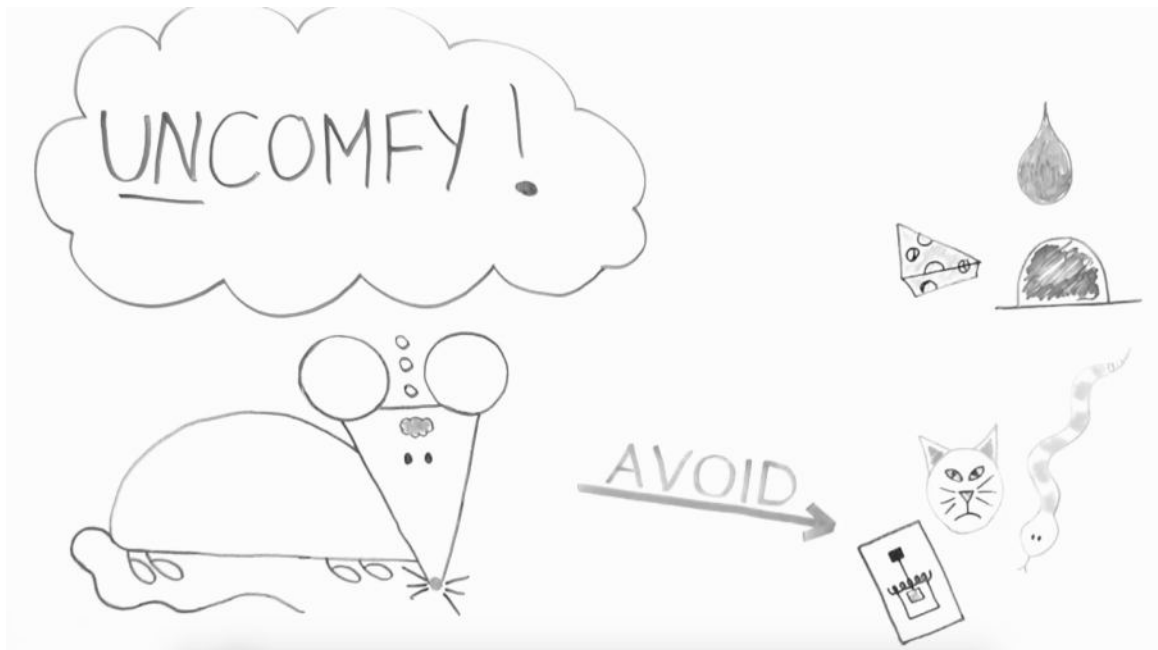
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Mr. Mouse avoids things that cause him
to feel uncomfortable.



What does Mr. Mouse seek? He seeks
food, water, and a safe shelter.



What does Mr. Mouse avoid? He avoids predators, like cats and snakes. He also avoids unfamiliar things, because they *might* be unsafe.



Seeking and avoiding help Mr. Mouse stay alive, but they don't take much thought. Mr. Mouse *does* whatever will help him seek comfortable things and avoid uncomfortable things *right now*.

He is a *doer*!

